



Mountain Brook High School



LUNCH

Breakfast Daily @ 7:30 AM
Grab 'n Go Salads & Sandwiches available Daily

Monday

Tuesday

Wednesday

Thursday

Friday

*Menu Subject to Change



1



2



3



4



7



8

Fried/Baked Chicken 9
Sweet Potato Casserole
Broccoli Casserole
Rice and Gravy
Green Beans, Dinner Roll

9

Spaghetti with Meat Sauce 10
Buttered Noodles
Corn Nuggets
Lima Beans, Garlic Bread

10

Baked Potato
BBQ Chicken or Pork
Steamed Broccoli
Baked Beans

11



Chicken Fajitas Crisпитos 14
Queso
Spanish Rice
Mexican Street Corn

14

Chicken Parmesan Buttered Noodles 15
Italian Steamed Veggies
Buttered Corn
Garlic Bread

15

Fried/Baked Chicken 16
Sweet Potato Casserole
Broccoli Casserole
Rice and Gravy
Green Beans, Dinner Roll

16

Dill Chicken Bites 17
Creamed Potatoes
Sweet Corn
Dinner Roll

17

Spring Chicken 18
Roasted Potatoes
Steamed Broccoli
Fried Okra
Dinner Roll

18

Chicken Alfredo Marinara Sauce 21
Buttered Noodles
Garlic Bread *Pasta Bar*
Buttered Corn, Lima Beans

21

Taco Salad Taco Beef & Chips 22
Chili Beans *TACO BAR*
Spanish Rice
Cheese, Lettuce, Salsa

22

Fried/Baked Chicken 23
Sweet Potato Casserole
Broccoli Casserole
Rice and Gravy
Green Beans, Dinner Roll

23

Smothered Chicken 24
Mac & Cheese
Steamed Broccoli
Cornbread

24

BBQ Chicken or BBQ Pork Sandwich 25
Baked Beans
Sweet Potato Fries

25

Country Fried Steak Salisbury Steak w/gravy 28
Creamed Potatoes
Turnip Greens
Dinner Roll

28

General Tso Chicken Sweet & Sour Chicken 29
Fried Rice
Eggroll
Steamed Broccoli

29



Fried/Baked Chicken 30
Sweet Potato Casserole
Broccoli Casserole
Rice and Gravy
Green Beans, Dinner Roll

30

Spaghetti with Meat Sauce 31
Buttered Noodles
Corn Nuggets
Lima Beans, Garlic Bread

31



Al la Carte Menu -- Monday: Chicken Sandwiches w/Spicy Curly Fries * Toss it up Tuesday: May include Buffalo Eggrolls, Pizza Eggrolls, Wings, Grilled Cheese, Variety of Fries * Wednesday: Buffalo Chicken Tenders * Thursday: Cheese Sticks w/Spicy Waffle Fries * Friday: Cheeseburgers w/Salt & Pepper Fries