



Mountain Brook Junior High

May

LUNCH

Variety of Grab 'n Go Salads & Sandwiches available daily!

SCHOOL LUNCH HERO DAY

Monday

Tuesday

Wednesday

Thursday

Friday



General Tso Chicken 6
BBQ Chicken Bites
 Fried Rice
 Egg Rolls
 Steamed Vegetables



Lasagna Roll 7
Pizza Crunchers
 Rice
 Carrots
 Peas

Fried/Baked Chicken 1
 Rice with Gravy
 Black-Eyed Peas
 Turnip Greens
 Dinner Roll or Cornbread

Fried/Baked Chicken 8
 Macaroni & Cheese
 Steamed Broccoli
 Baby Lima Beans
 Dinner Roll or Cornbread

Crispitos 2
Chicken Quesadilla
 Fiesta Beans
 Spanish Rice
 Cheese Sauce

BRUNCH 9
 Waffle Chicken Biscuit
 Hashbrown Casserole
 Scrambled Eggs
 Cheese Grits, Sausage

Assorted Pizza 3
Corndogs
 French Fries
 California Vegetables
 Apple or Peach Cobbler

Frito Pie 10
Mexican Pizza
 Pinto Beans
 Spanish Rice
 Corn Nuggets



13
Manager's Choice

14
Manager's Choice

15
Manager's Choice

16
Manager's Choice

17
ENJOY SUMMER

20
ENJOY SUMMER

21
ENJOY SUMMER

22
ENJOY SUMMER

23
ENJOY SUMMER

24
ENJOY SUMMER

27
ENJOY SUMMER

28
ENJOY SUMMER

29
ENJOY SUMMER

30
ENJOY SUMMER

31
ENJOY SUMMER



*Menu Subject to Change