

Mountain Brook High School

LUNCH May



- Hot Breakfast Daily @ 7:15 AM
- Variety of Grab 'n Go Salads & Sandwiches available Daily

SCHOOL LUNCH HERO DAY

Monday

Chicken Alfredo Chili/Hotdogs 3
Butter Noodles
Steamed Broccoli
Onion Rings & Garlic Sticks

Chicken Filet Corndogs 10
Tater Tots
Mac and Cheese
Cinnamon Apples

BRUNCH 17
Chicken Biscuits
Sausage Biscuits
Cheese Grits
French Toast Sticks
Hashbrown Casserole



Tuesday

Crispitos Quesadillas 4
Fries
Fiesta Beans
Steamed Vegetables

TACO BAR 11
Taco Beef and Chips
Lettuce Cheese Salsa
Spanish Rice
Black Beans



Wednesday

Fried Chicken 5
Rice and gravy
Green Beans
Broccoli and Rice Casserole
Rolls

Fried Chicken 12
Rice and Gravy
Sweet Potato Casserole
Green Beans
Rolls



Thursday

Steak and Gravy Country Fried Steak 6
Mashed Potatoes
Black Eyed Peas
Fried Okra

Cheese Sticks w/ Marinara Sauce 13
Spicy Chicken
Potato Wedges



Friday

Bacon Cheese Burgers 7
Chicken Bites
Corn Nuggets
Sweet Potato Fries
Rolls

Chicken Nuggets 14
Pizza
Fries



**Menu Subject to Change

Assortment of Grille Options Available Daily; Selections will vary each day & are subject to availability

* Bacon Cheeseburgers * Hot Dogs/Chili Dogs * Chicken Sandwiches * Fries * Onion Rings * Assorted Pizza * Corndogs *