

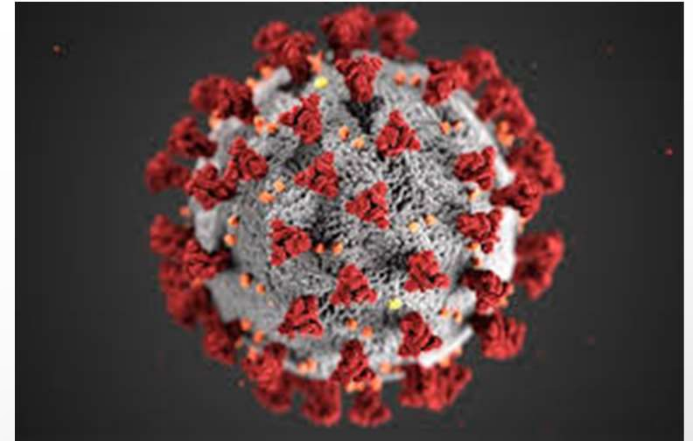


COVID-2019

MOUNTAIN BROOK SCHOOLS


WHAT IS IT?

- NEWEST FORM OF THE CORONAVIRUS FAMILY
- TRANSMITTED THROUGH DROPLETS FROM COUGHING/SNEEZING
- PERSON TO PERSON (WITHIN 6 FEET)
- TOUCHING FACE/MOUTH/NOSE AFTER TOUCHING AN SURFACE WITH THE VIRUS
- 14 DAY INCUBATION PERIOD
- SYMPTOMS- FEVER, COUGH, DIFFICULTY BREATHING
- MOST IMPACT HAS BEEN WITH INDIVIDUALS OVER 60 OR INDIVIDUALS WITH COMPROMISED SYSTEMS





Flu and Virus Prevention

- “ Wash your hands often with soap and water for at least 20 seconds. If soap and water are not available, use an alcohol-based hand sanitizer.
 - “ Avoid touching your eyes, nose, and mouth with unwashed hands.
 - “ Avoid close contact with people who are sick.
 - “ Stay home when you are sick. Do not return to activity until you are fever free for 24 hrs. without the use of fever reducing medication (100.4).
 - “ Cover your cough or sneeze with a tissue, then throw the tissue in the trash.
 - “ Clean and disinfect frequently touched objects and surfaces.
 - “ Get a flu vaccine.
- 

IF YOU HAVE SYMPTOMS...

- STAY HOME
- SEPARATE YOURSELF FROM OTHER PEOPLE AND ANIMALS
- CALL YOUR DOCTOR TO REPORT SYMPTOMS
- DO NOT GO DIRECTLY TO YOUR DOCTOR'S OFFICE
- WEAR A MASK IF YOU HAVE SYMPTOMS
- NO VACCINE OR TREATMENT



TRAVEL

- TRAVEL IS LIMITED TO CDC RECOMMENDED COUNTRIES- LEVEL 2, 3, AND 4
- NO CDC LIMITS ON TRAVEL IN THE US AT THIS TIME

[HTTPS://WWW.CDC.GOV/CORONAVIRUS/2019-NCOV/TRAVELERS/INDEX.HTML](https://www.cdc.gov/coronavirus/2019-ncov/travelers/index.html)





PLAN AND PREPARE OUR SCHOOLS

- COMMUNICATE WITH STUDENTS
 - STAY HOME IF SICK/FEVER
 - COVER COUGHS AND SNEEZES
 - WASH YOUR HANDS
 - USE HAND SANITIZER (60% ALCOHOL)
 - MONITOR ABSENTEEISM
 - LISTS OF OUT OF STATE TRIPS
 - SEPARATE STUDENTS WHO EXHIBIT SYMPTOMS UNTIL THEY CHECKOUT
 - INCREASE INTENSITY OF CLEANING
 - REDUCE LARGE GROUP GATHERINGS WHEN POSSIBLE
 - CREATE SPACE BETWEEN STUDENTS WHEN POSSIBLE
- 