

## **Medication Policy J-20**

### **I. Introduction**

Many students with chronic illnesses and conditions are attending Mountain Brook City Schools and may require medication administration during school hours.

### **II. General Statement**

Students shall be discouraged from taking medicine during school hours. The parent/guardian of the student shall provide written notification to the principal or his/her designee when it is necessary to administer medications to a student during school hours. The taking of the medication shall be in accord with established procedures.

Self-medication of emergency medications shall be allowed, provided written parental and physician authorization have been given. Emergency medications may be kept in the student's/teacher's possession, provided that additional dosages are maintained in the school office.

Medication, including controlled substances, may not be in the possession of any student, at any time, for any reason. Violation of this policy may result in a violation of the school system's Safe and Drug-Free policy, necessitating disciplinary action.

Self-administration of a controlled substance is prohibited and constitutes a violation of the system's safe and drug-free policy.

School personnel will not administer over-the-counter medicine needed for acute illness.

### **III. Authorization for Administration**

The authority for licensed or unlicensed personnel administering prescribed medication to a student must come from the prescriber, when applicable, and the parent/guardian. A parent/guardian may request the principal give a student medication based upon written instructions from the student's physician. The principal may designate school personnel to assist in administering medication.

Injectable medications (excluding emergency medications, such as an Epi-Pen), may only be administered by a licensed nurse, the student's parent or the student.

The school nurse, if available, may assist with administration of medications, but not directly delegate the administration of medications to unlicensed personnel.

The school nurse will work with the schools to set up safe and effective guidelines in medication administration and provide instruction to the person(s) designated by the principal to administer the medications.

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