

Student Health Services

J-20

I. Introduction

Healthy students are better learners and academic achievement bears a lifetime of benefits for health. The Mountain Brook Board of Education may offer limited student health services that are designed to address minor medical issues that may arise during the school day or to assist with special or chronic health problems.

II. Medications

Medications are defined as Food and Drug Administration approved drugs used to treat, diagnose, prevent, or cure disease. The Superintendent is authorized to develop and promulgate procedures, rules, and regulations concerning the taking, administration, and handling of emergency medication at school consistent with state law and appropriate health standards.

- A. Medications should be given at home when possible.
- B. The authority for licensed or unlicensed personnel to deliver medication to a student must come from the prescriber, when applicable, and the parent/guardian. The parent/guardian shall provide written authorization to the principal or his/her designee when it is necessary for a student to receive medication during school hours.
- C. The school nurse, in consultation with the school principal, may delegate and train unlicensed school personnel to assist students with medications, when a licensed nurse is unavailable.
- D. Self-administration of medication is allowed on an individual basis and at the discretion of the school nurse with regards to safety and appropriateness. Written authorization must be provided by the student's physician and parent/guardian. Self-administration does not imply self-carry of a medication.
- E. Over the counter medication may be given to students with chronic health conditions. The parent/guardian should provide the school with written authorization along with the medication.
- F. All medication should be provided to the school nurse in the original container. Prescription medication should be provided in the original, labeled pharmacy container.
- G. For chronic health conditions, schools may require authorization of medication from the child's non-parental health care provider.
- H. Except for authorized emergency medication, students are not allowed to self-carry medications on campus.
- I. Narcotic pain medication shall not be kept at school, nor administered by school personnel.

Student possession of a controlled substance is prohibited and constitutes a violation of the district's Safe and Drug Free Policy.

III. First Aid and Emergency Care

- a. School Officials are authorized to take reasonable and appropriate steps to provide or arrange for the provision of emergency medical services to students who require immediate medical attention.
- b. In case of illness or accidental injury, not requiring immediate medical attention, standard first aid procedures will be followed.

IV. Communicable/ Infectious Diseases

- a. In the cases of acute or contagious illnesses, parents/guardians may be notified and required to pick up the student.
- b. Certain diseases/conditions will be reported to the local department of health as required by law.
- c. All Students are required to have a current Alabama Department of Public Health Certificate of Immunization or Religious Exemption to attend school.

V. Screenings

Screenings are conducted to determine potential issues that might affect a student's academic performance or growth and development. School screenings are not diagnostic in nature; abnormal results should have follow up for diagnosis and treatment by the student's health care provider.

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