

7th Grade Dance Team Bylaws 2024-2025 Team

1. ATTENDANCE TO ALL PRACTICES AND PERFORMANCES IS REQUIRED

- Unexcused absences from practice or performance are not permitted and are considered major infractions. On the event of the first unexcused absence, the dancer will be benched for the following performance. The second unexcused absence will result in grounds for dismissal. It is the dancer's responsibility to communicate with the coach in the event of an absence. If you can attend class, you can attend practice. Please schedule medical appointments around practices and games.
- Absences will be excused for illness and family emergencies. Depending on the schedule, it will be left up to the coach whether the dancer will still be able to perform due to her absence.
- Dancers are expected to stay for the entire game and sit as a team, unless the coach has granted special permission. We are there to provide support for the team and should show spirit and interest throughout the event.
- Attendance to UDA summer dance camp is mandatory
- Please schedule all other dance classes around practice, football games, and basketball games.
- If you miss the practice before a performance, you will be benched for the following performance.

2. BE ON TIME FOR PRACTICES AND PERFORMANCES

Tardiness of team members will hurt the entire team. Tardies are considered minor infractions.

3. TEAM MEMBERS SHOULD MAINTAIN A NEAT, CONSISTENT APPEARANCE

We are a team and therefore our appearance, while in uniform, should be consistent. Team members that are out of uniform will be benched for the pending performance. Uniform issues at practice are considered minor infractions.

4. TEAM MEMBERS SHOULD MAINTAIN GOOD ACADEMIC PERFORMANCE

We are representatives of MJBH and therefore should maintain good academic performances. The coach will review progress reports and report cards. Poor academic performance can result in suspension or dismissal as stated in the Constitution for Extra Curricular Organizations.

5. TEAM MEMBERS SHOULD DEMONSTRATE GOOD BEHAVIOR DURING PRACTICE

It is important that the most be made of every dance team practice. Therefore, team members should pay close attention to the Coach. Talking should be limited so that all can benefit from the practice.

6. TEAM MEMBERS SHOULD OBEY ALL SCHOOL RULES

It is an honor to represent the school as a 7th Grade Dance Team member, therefore dance team members should be good examples for all the student body. Each team member should abide by the rules outlined in the Mountain Brook City Schools Code of Student Conduct booklet. A dancer that is assigned a school detention for any reason will be benched for the next performance. Repeated offenses will result in suspension or dismissal from the squad. A member of this team who is suspended from school for disciplinary reasons is automatically suspended from participation pending a final decision by administration.

7. TEAM MEMBERS ARE RESPONSIBLE FOR COMMUNICATION WITH COACH

All team members must inform the Coach of any injuries prior to the start of practice. Any injury incurred at practice or any performance must be reported immediately to the Coach. Any other issues that impact a dancer's ability to practice or perform should be communicated to the Coach.

Practice

Practice will be held **every Tuesday & Thursday** from 3:30-5:00 and will begin the first week of school. There may be times during the season when practice could be extended or canceled. Please try to plan dance classes around practice days and game days. Football games are usually Thursdays, and basketball games can be on Mondays, Tuesdays, Wednesdays, and Thursdays depending on the schedule. Football and basketball schedules will be given as soon as they are announced for the season.

Dancer Responsibilities

1. Attendance at UDA summer dance camp is mandatory.
2. Attend all scheduled football and basketball games. Schedules are determined by the sponsor.
3. Attend all scheduled practices. All practices are required.
4. Participate in parades and any public appearances.
5. Wear the appropriate uniform attire for games, pep rallies, practices, during school, and other events.
6. Be productive and cooperative during practice time.
7. Use proper technique and safety skills.
8. Dancers are expected to perform the skills they demonstrated during tryouts throughout the entire year.
9. Dancers must inform the sponsors of any injuries prior to the start of practice. Any injury incurred at practice or any performance must be reported immediately to the Coach. Any other issues that impact a dancer's ability to practice or perform should be communicated to the Coach.
10. Arrival times for all practices and performances are communicated by the Coach. Dancers must be on time for all practices and performances.

Dancer Behavior

1. Dancers are subject to all rules and regulations of Mountain Brook Junior High School including the Academic Honor Code.
2. They must also follow the guidelines and procedures of the Mountain Brook Junior High School Athletics and this document.
3. Dancers shall conduct themselves in a responsible and dignified manner at all times. A dancer that is assigned a school detention for any reason will be benched for the next performance. Repeated offenses will result in suspension or dismissal from the squad. A member of this team who is suspended from school for disciplinary reasons is automatically suspended from participation pending a final decision by administration.
4. The use of tobacco, alcohol, or any other illegal substance by a dancer will result in suspension for a period to be determined by the sponsors, and possible dismissal from the program.
5. Bullying or mistreatment of a fellow dancer, student, faculty member, or any other person will not be tolerated and can result in suspension for a period to be determined by the sponsors. If multiple instances occur, dismissal from the program may occur.
6. Dancers should be mindful of social media posts, and are expected to have an online presence that is positive and demonstrates both character and integrity.
7. Dancers should continually exemplify strong character and leadership qualities.

Since we cannot foresee all the situations that may arise during the year, the sponsors reserve the right to take disciplinary action for offenses as necessary.

Academics

1. Dancers must maintain a “C” average in each class at all times during the school year.
2. In the case where a grade drops below a C, the dancer will not participate in games or pep rallies until grades improve.
3. 7th Grade Dance Team members must uphold the Mountain Brook Junior High School Honor Code. Academic dishonesty will result in a 1 week suspension for the first offense. Additional instances of academic dishonesty could result in permanent suspension from the squad.

NOTICE OF NONDISCRIMINATION

The Mountain Brook School system does not discriminate on the basis of race, color, religion, national origin, sex, disability or age in any of its programs and activities and provides equal access to the Boy Scouts and other designated youth groups. The following persons have been designated to handle inquiries regarding nondiscrimination policies:

Dr. Dale Wisely—Director of Student Services (Title VI) (wiselyd@mtnbrook.k12.al.us) Mrs. Susan Cole—Personnel Director (Title IX) (coles@mtnbrook.k12.al.us)

Dr. Missy Brooks—Director of Instruction (Title II) (brooksm@mtnbrook.k12.al.us) Mrs. Shannon Mundy—Special Education Director (Section 504) (mundyl@mtnbrook.k12.al.us)

Contact Information: 32 Vine Street Mountain Brook, AL 35213 205-871-4608

Dancer Signature _____

Parent Signature _____