**Volleyball Study Guide**

**Grades 4-6**

-This test will be multiple choice and fill in the boxes. A word bank will be provided for filling in the boxes.

**6 players play at a time for each team. There is a total of 12 players playing at one time in a game.**

**Skills used in volleyball include:** *indicates most common
- Forearm Pass/Bump *
- Overhead Pass/Set *
- Spike/Hit/Attack/Strike *
- Serve *
- Dig
- Block

**It is proper etiquette to roll the ball UNDER the net when returning it to the opposing team.**

**It is called an ACE when the serve is not returnable, lands in the opposing team’s court, and gives your team a point.**

**No player can contact the ball two times in a row.**

**There are two rows on the volleyball court: Back Row and Front Row.**

**Winning the point means winning the serve too.**

**3 is the Maximum number of contacts that can occur on each side of the net.**

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**NET**

| 1 | RIGHT BACK  
<table>
<thead>
<tr>
<th></th>
<th>SERVER/PASSER</th>
</tr>
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</table>
| 6 | MIDDLE BACK  
|   | (PASSER)     |
| 5 | LEFT BACK    
|   | (PASSER)     |
| 2 | RIGHT FRONT  
|   | MIDDLE HITTER|
| 3 | MIDDLE FRONT 
|   | (MIDDLE HITTER) |
| 4 | LEFT FRONT   
|   | OUTSIDE HITTER |

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**SERVICE LINE**