

2024 MBJH SUMMER VOLLEYBALL CLINIC

(for those going into 7th or 8th grade next fall)

This clinic is designed to develop competitive team skills and more advanced individual skills. Most of the clinic time will be spent on offensive and defensive movement and strategy through controlled scrimmage time. Some of the individual skills developed will be blocking, full hitting approach, different types of serves, backsets, and digging.

*Individuals signing up for this clinic should be very serious about playing competitive volleyball at the jr. high/high school level.

Monday, June 3 – Friday, June 7

7th grade: 8:30-10:30 a.m.

8th grade: 9:30-11:30 a.m.

MBJH New Gym

Coach Bruce Henricks

No need for lunches or snacks. Water breaks will be provided.
Do not bring volleyballs.

COST: \$100

REGISTRATION: Through MBS Community Education
<https://www.mtnbrook.k12.al.us/Page/22236>

[Click Here to Register!](#)